

**-53 M****PL CLASSIC****Sub-Junior**

<b>Lift</b>	<b>NAT</b>		<b>VGPF</b>	
<b>SQ</b>	Maxim De Ro	90,5	Maxim De Ro	90,5
<b>BP</b>	Maxim De Ro	58	Maxim De Ro	58
<b>DL</b>	Maxim De Ro	125,5	Maxim De Ro	125,5
<b>TOT</b>	Maxim De Ro	274	Maxim De Ro	274

**Junior**

<b>Lift</b>	<b>NAT</b>		<b>VGPF</b>	
<b>SQ</b>	Revi Van Aarsen	117	Revi Van Aarsen	117
<b>BP</b>	Revi Van Aarsen	90	Revi Van Aarsen	90
<b>DL</b>	Revi Van Aarsen	145	Revi Van Aarsen	145
<b>TOT</b>	Revi Van Aarsen	352	Revi Van Aarsen	352

**-59 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Matizzio Ascoli	132,5	Theo Christian	130
<b>BP</b>	Nick Blockmans	99	Nick Blockmans	99
<b>DL</b>	Theo Christian	190	Theo Christian	190
<b>TOT</b>	Theo Christian	400	Theo Christian	400

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Ryan Deblaere	162,5	Bram Deckmyn	157,5
<b>BP</b>	Bram Deckmyn	100	Bram Deckmyn	100
<b>DL</b>	Ryan Deblaere	205	Theo Christian	190
<b>TOT</b>	Ryan Deblaere	457,5	Bram Deckmyn	437,5

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Tom Goegebuer	172,5	Tom Goegebuer	172,5
<b>BP</b>	Michael Nalinne	105	Bram Deckmyn	100
<b>DL</b>	Ryan Deblaere	205	Davigno Vancompenolle	193,5
<b>TOT</b>	Tom Goegebuer	460	Tom Goegebuer	460

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	135	minimum	135
<b>BP</b>	minimum	85	minimum	85
<b>DL</b>	Paul Vernimmen	157,5	minimum	140
<b>TOT</b>	minimum	360	minimum	360

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	115	minimum	115
<b>BP</b>	Paul Vernimmen	78,5	minimum	60
<b>DL</b>	Paul Vernimmen	157,5	minimum	120
<b>TOT</b>	Paul Vernimmen	314,5	minimum	295

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	105	minimum	105
<b>BP</b>	Paul Vernimmen	78,5	minimum	55
<b>DL</b>	Paul Vernimmen	157,5	minimum	110
<b>TOT</b>	Paul Vernimmen	314,5	minimum	270

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	95	minimum	95
<b>BP</b>	minimum	50	minimum	50
<b>DL</b>	minimum	100	minimum	100
<b>TOT</b>	minimum	245	minimum	245

**-66 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Mario Magro	225	Emre-Can Duran	187,5
<b>BP</b>	Gregory Ostyn	132,5	Nick Blockmans	125
<b>DL</b>	Mario Magro	250	Kobe De Win	227,5
<b>TOT</b>	Mario Magro	600	Emre-Can Duran	510

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Mario Magro	225	Alessio Pavone	200
<b>BP</b>	Thomas Declerck	143	Thomas Declerck	143
<b>DL</b>	Mario Magro	250	Nick Blockmans	230
<b>TOT</b>	Mario Magro	600	Nick Blockmans	557,5

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Mario Magro	225	Alessio Pavone	200
<b>BP</b>	Thomas Roels	150,5	Thomas Roels	150,5
<b>DL</b>	Mario Magro	250	Cedrick Hayen	230
<b>TOT</b>	Mario Magro	600	Cedrick Hayen	561

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	Dirk Verbruggen	175	Dirk Verbruggen	175
<b>BP</b>	Bernard Caelen	112,5	Bertrand Ronge	105
<b>DL</b>	Dirk Verbruggen	190	Dirk Verbruggen	190
<b>TOT</b>	Dirk Verbruggen	447,5	Dirk Verbruggen	447,5

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	Dirk Verbruggen	175	Dirk Verbruggen	175
<b>BP</b>	Bernard Caelen	112,5	Dirk Verbruggen	87,5
<b>DL</b>	Dirk Verbruggen	190	Dirk Verbruggen	190
<b>TOT</b>	Dirk Verbruggen	447,5	Dirk Verbruggen	447,5

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	115	minimum	115
<b>BP</b>	minimum	70	minimum	70
<b>DL</b>	minimum	120	minimum	120
<b>TOT</b>	minimum	305	minimum	305

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	105	minimum	105
<b>BP</b>	minimum	65	minimum	65
<b>DL</b>	minimum	110	minimum	110
<b>TOT</b>	minimum	280	minimum	280

**-74 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Mattéo Van Vynckt	215	Yanis Boujoubou	205,5
<b>BP</b>	Antoine Delli Liuni	133	Rik De Grauwe	132,5
<b>DL</b>	Mattéo Van Vynckt	247,5	Simon Ceuppens	230
<b>TOT</b>	Mattéo Van Vynckt	582,5	Yanis Boujoubou	533

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Mario Magro	230	Michael Bernete-Diaz	217,5
<b>BP</b>	Milan Vyncke	161,5	Milan Vyncke	161,5
<b>DL</b>	Gregory Ostyn	285	Casper Schedin	262,5
<b>TOT</b>	Gregory Ostyn	635	Tuur Verstrepen	618

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Elias De Buck	230	Elias De Buck	230
<b>BP</b>	Elias De Buck	172,5	Elias De Buck	172,5
<b>DL</b>	Gregory Ostyn	285	Gilles De Peuter	271,5
<b>TOT</b>	Elias De Buck	672,5	Elias De Buck	672,5

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	Johny Paelinck	187,5	Johny Paelinck	187,5
<b>BP</b>	Bertrand Ronge	120	Bertrand Ronge	120
<b>DL</b>	Roger Remy	215	Johny Paelinck	200
<b>TOT</b>	Johny Paelinck	500	Johny Paelinck	500

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	Johny Paelinck	187,5	Johny Paelinck	187,5
<b>BP</b>	Johny Paelinck	115	Johny Paelinck	115
<b>DL</b>	Roger Remy	215	Johny Paelinck	200
<b>TOT</b>	Johny Paelinck	500	Johny Paelinck	500

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	Michel Bertrand	168,5	minimum	135
<b>BP</b>	Michel Bertrand	97,5	Luc Van Den Eynden	90
<b>DL</b>	Roger Remy	215	Luc Van Den Eynden	142,5
<b>TOT</b>	Roger Remy	465	Luc Van Den Eynden	352,5

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	125	minimum	125
<b>BP</b>	minimum	72,5	minimum	72,5
<b>DL</b>	minimum	130	minimum	130
<b>TOT</b>	minimum	327,5	minimum	327,5

**-83 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Yanis Boujoubou	225	Yanis Boujoubou	225
<b>BP</b>	Sverre Van Geeteruyen	145	Sverre Van Geeteruyen	145
<b>DL</b>	Thomas Boucquez	245	Thomas Boucquez	245
<b>TOT</b>	Sverre Van Geeteruyen	585	Sverre Van Geeteruyen	585

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Tuur Verstrepen	257,5	Tuur Verstrepen	257,5
<b>BP</b>	Jason Magerat	181,5	Rik De Grauwe	167,5
<b>DL</b>	Tuur Verstrepen	290	Tuur Verstrepen	290
<b>TOT</b>	Tuur Verstrepen	715	Tuur Verstrepen	715

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Elias De Buck	265	Elias De Buck	265
<b>BP</b>	Jason Magerat	181,5	Elias De Buck	180
<b>DL</b>	Leonard Moke	293	Elias De Buck	292,5
<b>TOT</b>	Elias De Buck	732,5	Elias De Buck	732,5

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	Jimmy Van De Wiel	220	Jimmy Van De Wiel	220
<b>BP</b>	Jimmy Van De Wiel	165,5	Jimmy Van De Wiel	165,5
<b>DL</b>	Francis Mezzanotte	260	Jimmy Van De Wiel	235
<b>TOT</b>	Jimmy Van De Wiel	605,5	Jimmy Van De Wiel	605,5

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	Francis Mezzanotte	202,5	Jozef Lazou	160
<b>BP</b>	Francis Mezzanotte	130	Eddy Vrijders	95
<b>DL</b>	Francis Mezzanotte	260	Eddy Vrijders	180
<b>TOT</b>	Francis Mezzanotte	587,5	Jozef Lazou	415

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	Michel Bertrand	172,5	Jozef Lazou	160
<b>BP</b>	Roger Remy	103	minimum	85
<b>DL</b>	Roger Remy	220	Jozef Lazou	175
<b>TOT</b>	Roger Remy	465	Jozef Lazou	415

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	Jozef Lazou	160	Jozef Lazou	160
<b>BP</b>	Roger Remy	100	Jozef Lazou	80
<b>DL</b>	Roger Remy	195	Jozef Lazou	175
<b>TOT</b>	Roger Remy	425	Jozef Lazou	415

**-93 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Amine Tazi	252,5	Amine Tazi	252,5
<b>BP</b>	Gabriel Caushi	166	Gabriel Caushi	166
<b>DL</b>	Bryan Magbetha	290	Amine Tazi	275
<b>TOT</b>	Bryan Magbetha	672,5	Amine Tazi	662,5

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Jonathan Celis	285	Jonathan Celis	285
<b>BP</b>	Jonathan Celis	187,5	Jonathan Celis	187,5
<b>DL</b>	Bert Boydens	297,5	Bert Boydens	297,5
<b>TOT</b>	Jonathan Celis	762,5	Jonathan Celis	762,5

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Rob Esselens	288	Rob Esselens	288
<b>BP</b>	Rob Esselens	193	Rob Esselens	193
<b>DL</b>	Andrew Rubinstein	317,5	Andrew Rubinstein	317,5
<b>TOT</b>	Rob Esselens	770,5	Rob Esselens	770,5

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	Kenny Dedeurwaerder	220	Kenny Dedeurwaerder	220
<b>BP</b>	Joel Sauvage	171	Jimmy Van De Wiel	157,5
<b>DL</b>	Joel Sauvage	280,5	Kenny De Deurwaerder	250
<b>TOT</b>	Joel Sauvage	669	Kenny De Deurwaerder	615

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	Francis Mezzanotte	209	Christian Van Mulders	182,5
<b>BP</b>	Alain Neyt	150	Alain Neyt	150
<b>DL</b>	Francis Mezzanotte	250,5	Christian Van Mulders	232,5
<b>TOT</b>	Francis Mezzanotte	591	Christian Van Mulders	550

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	Ridvan Kuraoglu	182,5	Gerrit Van Hansewijck	165
<b>BP</b>	Gerrit Van Hansewijck	130	Gerrit Van Hansewijck	130
<b>DL</b>	Francis Mezzanotte	220	Gerrit Van Hansewijck	200
<b>TOT</b>	Francis Mezzanotte	528	Gerrit Van Hansewijck	495

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	145	minimum	145
<b>BP</b>	Peter Louage	105	Peter Louage	105
<b>DL</b>	Peter Louage	167,5	Peter Louage	167,5
<b>TOT</b>	Peter Louage	412,5	Peter Louage	412,5

**-105 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Kenji Borremans	251	Kenji Borremans	251
<b>BP</b>	Kenji Borremans	170,5	Kenji Borremans	170,5
<b>DL</b>	Kenji Borremans	260,5	Kenji Borremans	260,5
<b>TOT</b>	Kenji Borremans	682	Kenji Borremans	682

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Jonathan Celis	297,5	Jonathan Celis	297,5
<b>BP</b>	Niels Ceuppens	200,5	Niels Ceuppens	200,5
<b>DL</b>	Guillaume Marechal	315	Imad Amich	314
<b>TOT</b>	Imad Amich	791,5	Imad Amich	791,5

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Joël Vanhevel	305	Joël Vanhevel	305
<b>BP</b>	Jeroen Van Heesvelde	212,5	Jeroen Van Heesvelde	212,5
<b>DL</b>	Guillaume Marechal	315	Imad Amich	314
<b>TOT</b>	Joël Vanhevel	817,5	Joël Vanhevel	817,5

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	Marc Vandewiele	275	Marc Vandewiele	275
<b>BP</b>	Alain Neyt	167,5	Alain Neyt	167,5
<b>DL</b>	Marc Vandewiele	310	Marc Vandewiele	310
<b>TOT</b>	Marc Vandewiele	730	Marc Vandewiele	730

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	Marc Vandewiele	275	Marc Vandewiele	275
<b>BP</b>	Alain Neyt	167,5	Alain Neyt	167,5
<b>DL</b>	Marc Vandewiele	307,5	Marc Vandewiele	307,5
<b>TOT</b>	Marc Vandewiele	730	Marc Vandewiele	730

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	Hugo De Grauwe	220	Hugo De Grauwe	220
<b>BP</b>	Hugo De Grauwe	135	Hugo De Grauwe	135
<b>DL</b>	Hugo De Grauwe	245	Hugo De Grauwe	245
<b>TOT</b>	Hugo De Grauwe	590	Hugo De Grauwe	590

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	Peter Louage	155	Peter Louage	155
<b>BP</b>	Peter Louage	115	Peter Louage	115
<b>DL</b>	Peter Louage	160	Peter Louage	160
<b>TOT</b>	Peter Louage	430	Peter Louage	430

**-120 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Baptiste Croux	225,5	Furkan Bilican	225
<b>BP</b>	Baptiste Croux	140	Furkan Bilican	127,5
<b>DL</b>	Baptiste Croux	250,5	Cedric Van Beek	250
<b>TOT</b>	Baptiste Croux	610,5	Cedric Van Beek	592,5

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Geert Vroonen	290	Geert Vroonen	290
<b>BP</b>	Geert Vroonen	198	Geert Vroonen	198
<b>DL</b>	Geert Vroonen	315	Geert Vroonen	315
<b>TOT</b>	Geert Vroonen	800	Geert Vroonen	800

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Orhan Bilican	350	Orhan Bilican	350
<b>BP</b>	Orhan Bilican	225	Orhan Bilican	225
<b>DL</b>	Olivier Vervalle	336	Olivier Vervalle	336
<b>TOT</b>	Orhan Bilican	895	Orhan Bilican	895

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	Orhan Bilican	350	Orhan Bilican	350
<b>BP</b>	Orhan Bilican	200	Orhan Bilican	200
<b>DL</b>	Orhan Bilican	320	Orhan Bilican	320
<b>TOT</b>	Orhan Bilican	870	Orhan Bilican	870

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	Jean Luc Collart	250,5	Geert Alaerts	185
<b>BP</b>	Jean Luc Collart	170	minimum	120
<b>DL</b>	Jean Luc Collart	240	Geert Alaerts	225
<b>TOT</b>	Jean Luc Collart	657,5	Geert Alaerts	517,5

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	Jean Luc Collart	237,5	minimum	175
<b>BP</b>	Jean Luc Collart	170	minimum	115
<b>DL</b>	Jean Luc Collart	240	minimum	180
<b>TOT</b>	Jean Luc Collart	636	minimum	470

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	165	minimum	165
<b>BP</b>	minimum	110	minimum	110
<b>DL</b>	minimum	170	minimum	170
<b>TOT</b>	minimum	445	minimum	445



**+120 M****PL CLASSIC****Sub-Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Minimum	185	Minimum	185
<b>BP</b>	Minimum	120	Minimum	120
<b>DL</b>	Minimum	190	Minimum	190
<b>TOT</b>	Minimum	495	Minimum	495

**Junior**

Lift	NAT		VGPF	
<b>SQ</b>	Kristiaan Ten	330	Kristiaan Ten	330
<b>BP</b>	John Vercruyce	187,5	John Vercruyce	187,5
<b>DL</b>	Giel Hendriks	318	Giel Hendriks	318
<b>TOT</b>	Kristiaan Ten	825	Kristiaan Ten	825

**Senior**

Lift	NAT		VGPF	
<b>SQ</b>	Orhan Bilican	370	Orhan Bilican	370
<b>BP</b>	Steve Ringoot	235	Steve Ringoot	235
<b>DL</b>	Steve Ringoot	345	Steve Ringoot	345
<b>TOT</b>	Steve Ringoot	910,5	Steve Ringoot	910,5

**Master 1 (40+)**

Lift	NAT		VGPF	
<b>SQ</b>	Orhan Bilican	370	Orhan Bilican	370
<b>BP</b>	Orhan Bilican	220	Orhan Bilican	220
<b>DL</b>	Orhan Bilican	322,5	Orhan Bilican	322,5
<b>TOT</b>	Orhan Bilican	907,5	Orhan Bilican	907,5

**Master 2 (50+)**

Lift	NAT		VGPF	
<b>SQ</b>	Johan Kerremans	282,5	Johan Kerremans	282,5
<b>BP</b>	Johan Kerremans	190	Johan Kerremans	190
<b>DL</b>	Johan Kerremans	312,5	Johan Kerremans	312,5
<b>TOT</b>	Johan Kerremans	785	Johan Kerremans	785

**Master 3 (60+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	185	minimum	185
<b>BP</b>	minimum	120	minimum	120
<b>DL</b>	minimum	190	minimum	190
<b>TOT</b>	minimum	495	minimum	495

**Master 4 (70+)**

Lift	NAT		VGPF	
<b>SQ</b>	minimum	175	minimum	175
<b>BP</b>	minimum	115	minimum	115
<b>DL</b>	minimum	180	minimum	180
<b>TOT</b>	minimum	470	minimum	470