

POWERLIFTING

CHAMPIONNATS de Belgique - BK**POWERLIFTING CLASSIC JUNIOR**

WILSELE / LEUVEN

30 ET 31 / 03 / 2024

| DAMES | JUNIOR | | PC | SQ | BP | DL | TOTAL | PTS |
|-------|----------------------------|------------------|-------|-------|------|-------|-------|--------|
| -47 | SEDDA AMELIA | LA LOUVIERE | 46,10 | 80 | 40 | 105 | 225 | 63,590 |
| -52 | MERANDINO FIORELLA | LA LOUVIERE | 51,80 | 117,5 | 70 | 152,5 | 340 | 86,140 |
| | VANDEVELDE ANNELIES | MERCHTEM | 51,10 | 95 | 65 | 122,5 | 282,5 | 72,420 |
| -57 | BANTUELLE LEA | ZENITH | 55,60 | 127,5 | 55 | 145 | 327,5 | 78,290 |
| | ROMBOUTS YANA | AP COACHING | 56,10 | 127,5 | 70 | 130 | 327,5 | 77,750 |
| | MAES MAELLE | B W S | 56,70 | 110 | 67,5 | 142,5 | 320 | 75,360 |
| -63 | HAULOT CLARA | N S A R | 62,50 | 162,5 | 85,5 | 182,5 | 430,5 | 94,670 |
| | BOONEN LOU | SERAING | 61,20 | 150 | 72,5 | 162,5 | 385 | 85,860 |
| | VAN BULCK JESSIE | UPLIFT & HYPE | 62,50 | 142,5 | 65 | 160 | 367,5 | 80,820 |
| | VAN NUFFELEN AURELIE | PRIMER ACAD | 62,60 | 137,5 | 65 | 155 | 357,5 | 78,540 |
| | BOUVY MORGANE | ZENITH | 61,00 | 140 | 65 | 150 | 355 | 79,340 |
| | DE PRETER JULIE | UPLIFT & HYPE | 61,00 | 135 | 57,5 | 152,5 | 345 | 77,110 |
| | ARRAS NAWAL | LA LOUVIERE | 61,90 | 122,5 | 57,5 | 150 | 330 | 73,030 |
| | LEON EMMA | ATP PERFORM | 62,90 | 110 | 67,5 | 152,5 | 330 | 72,270 |
| | BOSSU ELISE | UPLIFT & HYPE | 62,20 | 115 | 60 | 140 | 315 | 69,490 |
| | KLOFCZYNSKA PATRYCJA (POL) | OPEN APEX ATHLET | 62,60 | 112,5 | 55 | 147,5 | 315 | 69,200 |
| | MAGNIER MAEVA | N S A R | 63,00 | 122,5 | 52,5 | 132,5 | 307,5 | 67,280 |
| | MONFORT AMALIA | SMART & STRON | 60,00 | 112,5 | 62,5 | 127,5 | 302,5 | 68,380 |
| | HEINEN LISA | F B S C | 62,10 | 110 | 57,5 | 130 | 297,5 | 65,700 |
| -69 | GOOSSENS KAYA | UPLIFT & HYPE | 68,50 | 170,5 | 93 | 180 | 443,5 | 92,260 |
| | LHOIR ALIX | LA LOUVIERE | 68,50 | 162,5 | 85 | 170 | 417,5 | 86,850 |
| | BONAVENTURE FIEN | PROGR STRENGTH | 68,50 | 130 | 67,5 | 172,5 | 370 | 76,970 |
| | THIRION CLARA | SERAING | 69,00 | 115 | 67,5 | 175 | 357,5 | 74,060 |
| -76 | VAN MEEL YENTE | UPLIFT & HYPE | 75,90 | 175 | 82,5 | 187,5 | 445 | 87,790 |
| | CORONADO LUNA | POWERMOVE | 75,50 | 170 | 92,5 | 180 | 442,5 | 87,510 |
| | MARTENS MARISKA | UPLIFT & HYPE | 73,10 | 152,5 | 85 | 177,5 | 415 | 83,390 |
| | GOORMAN ELLEN | UPLIFT & HYPE | 75,70 | 170 | 93,5 | 150 | 413,5 | 81,680 |
| | WAEGENEERS MARIE | MOUNIER | 74,70 | 137,5 | 77,5 | 172,5 | 387,5 | 77,030 |
| | STERCKX MAUDE | HILL FIT | 73,80 | 140 | 80 | 160 | 380 | 75,990 |
| | LECRENIER LYDWIN | SERAING | 76,00 | 132,5 | 75 | 152,5 | 360 | 70,980 |
| 84 + | ELOUAFI FATIMA | N S A R | 96,20 | 170,5 | 85 | 207,5 | 463 | 83,480 |

| HOMMES | JUNIOR | | PC | SQ | BP | DL | TOTAL | PTS |
|--------|------------------|-------------|-------|-------|-------|-------|-------|--------|
| -59 | DEBLAERE RYAN | A P E X | 58,30 | 162,5 | 92,5 | 202,5 | 457,5 | 76,190 |
| | DECKMYN BRAM | STRNGTH PWR | 57,30 | 157,5 | 100 | 180 | 437,5 | 73,540 |
| | ENGELBERT THEO | LA LOUVIERE | 58,00 | 150 | 80 | 180 | 410 | 68,470 |
| -66 | CERVI ANDREA | SERAING | 65,90 | 197,5 | 127,5 | 235 | 560 | 87,370 |
| | BLOCKMANS NICK | GAR GYM 16 | 64,90 | 197,5 | 130 | 230 | 557,5 | 87,680 |
| | LEGRAIN NOAH | N S A R | 65,80 | 190 | 137,5 | 215 | 542,5 | 54,700 |
| | BRUNIN LIONEL | SERAING | 65,30 | 185 | 125 | 212,5 | 522,5 | 81,910 |
| | EMRE CAN DURAN | ATLAS GYM | 66,00 | 195 | 115 | 210 | 520 | 81,060 |
| | ENGELBERT MATHYS | SERAING | 64,80 | 172,5 | 102,5 | 225 | 500 | 78,700 |
| | LAAYOUN ZAKARIA | A P E X | 63,10 | 160 | 110 | 215 | 485 | 77,430 |
| | DECKMYN NIELS | STRNGTH PWR | 64,80 | 172,5 | 105 | 195 | 472,5 | 74,370 |
| | KAMARA JAHSON | ATLAS GYM | 65,10 | 170 | 102,5 | 200 | 472,5 | 74,190 |
| | ROBBEETS ARNAUD | O P L | 65,60 | 160 | 112,5 | 195 | 467,5 | 73,110 |
| | COLINET JASON | SERAING | 65,00 | 155 | 107,5 | 185 | 447,5 | 70,320 |
| | COLLET EMILIE | O P L | 66,00 | 175 | 82,5 | 190 | 447,5 | 69,760 |

POWERLIFTING

| | | | | | | | | |
|-------|---------------------------------|--------------------|--------|-------|-------|-------|-------|--------|
| -74 | MAGRO MARIO | BEARS CAVE | 73,60 | 230 | 135 | 260 | 625 | 92,010 |
| | SCHEDIN CASPER | ZACHT BETON | 72,70 | 210 | 120 | 262,5 | 592,5 | 87,790 |
| | PERACCHI SOLANO | METTET | 73,50 | 202,5 | 125 | 257,5 | 585 | 86,190 |
| | SCUDERI FLAVIO | LA LOUVIERE | 71,70 | 217,5 | 135 | 230 | 582,5 | 86,930 |
| | RENAUT DEEGAN | FLORENNES | 72,10 | 212,5 | 117,5 | 250 | 580 | 86,310 |
| | URBANCZYK SACHA | LA LOUVIERE | 73,00 | 215 | 120 | 242,5 | 577,5 | 85,380 |
| | VYNCKE MILAN | BAASR BUFFELS | 72,50 | 175 | 161,5 | 215 | 551,5 | 81,830 |
| | DE BORGER RUHNE | PRIMER ACAD | 73,50 | 180 | 135 | 225 | 540 | 79,560 |
| | LERMEN MARTIN | A P E X | 73,30 | 177,5 | 117,5 | 240 | 535 | 78,930 |
| | DA SILVA THIAGO | UPLIFT & HYPE | 73,60 | 185 | 115 | 230 | 530 | 78,030 |
| | BOERMANS YANIS | O P L | 73,70 | 175 | 105 | 240 | 520 | 76,500 |
| | TORRES LOUIS (FRA) | OPEN MOUNIER | 73,50 | 190 | 110 | 215 | 515 | 75,870 |
| | KHATIBI BACHIR | ATLAS GYM | 70,20 | 180 | 122,5 | 210 | 512,5 | 77,340 |
| -83 | VERSTREPEN TUUR | PRIMER ACAD | 81,40 | 257,5 | 167,5 | 290 | 715 | 99,960 |
| | WARNON NICOLAS | A P E X | 82,70 | 230 | 140 | 270 | 640 | 88,760 |
| | ZABEAU TOM | UPLIFT & HYPE | 82,50 | 222,5 | 162,5 | 252,5 | 637,5 | 88,520 |
| | WAEGENEERS MARTIN | MOUNIER | 81,30 | 222,5 | 125 | 275 | 622,5 | 87,080 |
| | CEUPPENS SIMON | UPLIFT & HYPE | 80,70 | 215 | 145 | 257,5 | 617,5 | 86,700 |
| | CAVRENNE NATHAN | ZENITH | 82,30 | 212,5 | 137,5 | 260 | 610 | 84,800 |
| | SCHIPPERS KEVIN (NED) | OPEN UPLIFT & HYPE | 82,20 | 215 | 127,5 | 265 | 607,5 | 84,510 |
| | MAGERAT JASON | SERAING | 79,60 | 210 | 181,5 | 210 | 601,5 | 85,050 |
| | PHLIPS NOLAN | UPLIFT & HYPE | 82,30 | 217,5 | 147,5 | 235 | 600 | 83,410 |
| | VAN DER VURST DYLAN | ATLAS GYM | 80,50 | 190 | 130 | 270 | 590 | 82,950 |
| | SEGHERS WESLEY | UPLIFT & HYPE | 81,60 | 220 | 135 | 230 | 585 | 81,680 |
| | IGBEN NATHAN | A P E X | 82,90 | 207,5 | 132,5 | 220 | 560 | 77,570 |
| | ZIANI RAMZI | UPLIFT & HYPE | 80,90 | 192,5 | 107,5 | 235 | 535 | 75,030 |
| | BIANCONI ANDREA | O P L | 82,70 | */ | 122,5 | */ | DSQ | |
| -93 | ALAIME FLORENT | A P E X | 92,20 | 250 | 172,5 | 275 | 697,5 | 91,630 |
| | PREVOST PIERRE | ATLAS GYM | 92,30 | 250 | 172,5 | 270 | 692,5 | 90,930 |
| | ABOUCHIBET BAABOU ZAKARIA (ESP) | OPEN UPLIFT & HYPE | 91,60 | 245 | 147,5 | 270 | 662,5 | 87,310 |
| | FRANS BRENT | UPLIFT & HYPE | 92,00 | 225 | 145 | 282,5 | 652,5 | 85,810 |
| | PLENNEVAUX SIMON | ZENITH | 92,30 | 250 | 145 | 255 | 650 | 85,350 |
| | DEJACE NICOLAS | SERAING | 92,20 | 225 | 152,5 | 252,5 | 630 | 82,770 |
| | MARTENS LEONARD | ZACHT BETON | 93,00 | 215 | 135 | 280 | 630 | 82,420 |
| | HEYBATOV VAMIG (AZER) | OPEN LA LOUVIERE | 89,30 | 215 | 135 | 270 | 620 | 82,740 |
| | CLARYSSE JESS | STRNGTH PWR | 91,00 | 220 | 135 | 265 | 620 | 81,980 |
| | CREUPELANDT JOCHEN | LIFT & RISE | 90,20 | 217,5 | 117,5 | 265 | 600 | 79,680 |
| | JOUBERT KYAN | PRIMER ACAD | 92,30 | 202,5 | 147,5 | 250 | 600 | 78,780 |
| | ETTARRAHI FAISAL | ATLAS GYM | 91,80 | 195 | 127,5 | 250 | 572,5 | 75,370 |
| -105 | HAMICH IMAD | UPLIFT & HYPE | 103,90 | 290 | 187,5 | 314 | 791,5 | 98,200 |
| | CEUPPENS NIELS | MERCHTEM | 103,70 | 277,5 | 200,5 | 300 | 778 | 96,620 |
| | MARECHAL GUILLAUME | SERAING | 103,40 | 280 | 180 | 315 | 775 | 96,370 |
| | MAGBETHA BRYAN | SERAING | 102,10 | 252,5 | 167,5 | 313,5 | 733,5 | 91,760 |
| | VERVOORT CAS | PROGR STRENGTH | 103,90 | 242,5 | 160 | 307,5 | 710 | 88,090 |
| | VAN MOER AUGUSTIN | A P E X | 102,40 | 237,5 | 150 | 275 | 662,5 | 82,760 |
| | 98,40 SALVATORE | STRNGTH PWR | | 245 | 137,5 | 275 | 657,5 | 83,700 |
| | BRIESEN SENNE | APEX ATHLETE | 103,90 | 247,5 | 162,5 | 247,5 | 657,5 | 81,580 |
| | DE MAESENEER JENS | UPLIFT & HYPE | 104,00 | 220 | 160 | 277,5 | 657,5 | 81,540 |
| | VAN DEN BROECK OLIVIER | POWERMOVE | 102,40 | 242,5 | 145 | 260 | 647,5 | 80,890 |
| | VANDENABEEL DYLAN | UPLIFT & HYPE | 104,60 | 220 | 125 | 275 | 620 | 76,680 |
| | VAN DEN BERGE AARON | UPLIFT & HYPE | 100,80 | 210 | 140 | 265 | 615 | 77,400 |
| | HEREMANS MICHIEL | UPLIFT & HYPE | 101,60 | 225 | 110 | 260 | 595 | 74,600 |
| | MASERA Y DIAZ EMILIO | H N S | 103,90 | 215 | 135 | 225 | 575 | 71,340 |
| -120 | VROONEN GEERT | HILL FIT | 118,10 | 280 | 198 | 270 | 748 | 87,560 |
| | WADEH ISAM | LA LOUVIERE | 119,50 | 245 | 140 | 290 | 675 | 78,610 |
| | ORIS SYBE | UPLIFT & HYPE | 107,20 | 225 | 127,5 | 227,5 | 580 | 70,920 |
| 120 + | TEN Kristiaan | HILL FIT | 144,60 | 330 | 185 | 310 | 825 | 88,800 |
| | HENDRIKS GIEL | UPLIFT & HYPE | 134,30 | 290 | 167,5 | 318 | 775,5 | 85,960 |

POWERLIFTING

ARBITRES

FINEL MICHELLE -- VAN DELM TOM -- VANDEPUTTE LIESELOT
 BOLLE JULIE -- SARITKRIANG N -- ROGER REMY -- IMPENS GAETAN
 VANHEE EMERIK -- VERTESSSEN WOUTER -- LEEMANS JEROEN
 LAETHEM ROB -- HAID JEAN PHILIPPE -- DELVAUX ALEXANDRE -- DANLOY SANDRA
 DELFOSSE GREGOIRE -- STRADIOT MEHDI -- VERHULST STEFANIE
 COMPAGNIE KATHLEEN -- LALIME SAHYURI -- ROOS EVELIEN -- MATHELART RENAUD

| RECORDS de Belgique POWERLIFTING CLASSIC | | CAT | SQ | BP | DL | TOTAL |
|--|-----------|-------|-------|-------|-------|-------|
| MERANDINO FIORELLA | DA JUNIOR | -52 | 117,5 | 70 | 152,5 | 340 |
| GOORMAN ELLEN | DA JUNIOR | -76 | | 93,5 | | |
| ELOUAFI FATIMA | DA JUNIOR | 84 + | 170,5 | | | |
| GOOSSENS KAYA | DA JUNIOR | -69 | 170,5 | 93 | | 443,5 |
| GOOSSENS KAYA | DA SENIOR | -69 | 170,5 | 93 | | 443,5 |
| HAULOT CLARA | DA JUNIOR | -63 | 162,5 | 85,5 | 182,5 | 430,5 |
| HAULOT CLARA | DA SENIOR | -63 | 162,5 | | | 430,5 |
| DEBLAERE RYAN | JUNIOR | -59 | 162,5 | | | 457,5 |
| DECKMYN BRAM | JUNIOR | -59 | | 100 | | |
| MAGRO MARIO | JUNIOR | -74 | 230 | | | |
| VYNCKE MILAN | JUNIOR | -74 | | 161,5 | | |
| CEUPPENS NIELS | JUNIOR | -105 | | 200,5 | | |
| IMAD AMICH | JUNIOR | -105 | | | | 791,5 |
| MARECHAL GUILLAUME | JUNIOR | -105 | | | 315 | |
| MARECHAL GUILLAUME | SENIOR | -105 | | | 315 | |
| MAGERAT JASON | JUNIOR | -83 | | 181,5 | | |
| MAGERAT JASON | SENIOR | -83 | | 181,5 | | |
| VROONEN GEERT | JUNIOR | -120 | | 198 | | |
| VERSTREPEN TUUR | JUNIOR | -83 | 257,5 | | 290 | 715 |
| TEN KRISTIAAN | JUNIOR | 120 + | 330 | | | 825 |
| HENDRIKS GIEL | JUNIOR | 120 + | | | 318 | |

| RECORDS L F P H POWERLIFTING CLASSIC | | CAT | SQ | BP | DL | TOTAL |
|--------------------------------------|-----------|------|-------|-------|-------|-------|
| MERANDINO FIORELLA | DA JUNIOR | -52 | 117,5 | 70 | 152,5 | 340 |
| MERANDINO FIORELLA | DA SENIOR | -52 | | 70 | | 340 |
| HAULOT CLARA | DA JUNIOR | -63 | 162,5 | 85,5 | 182,5 | 430,5 |
| HAULOT CLARA | DA SENIOR | -63 | 162,5 | 85,5 | 182,5 | 430,5 |
| LHOIR ALIX | DA JUNIOR | -69 | 162,5 | | | |
| LHOIR ALIX | DA SENIOR | -69 | 162,5 | | | |
| ELOUAFI FATIMA | DA JUNIOR | 84 + | 170,5 | | | |
| ELOUAFI FATIMA | DA SENIOR | 84 + | 170,5 | | | |
| WAEGENEERS MARIE | DA JUNIOR | -76 | | | 172,5 | 387,5 |
| WAEGENEERS MARIE | DA SENIOR | -76 | | | 172,5 | 387,5 |
| LEGRAIN NOAH | JUNIOR | -66 | | 137,5 | | |
| MAGERAT JASON | JUNIOR | -83 | | 181,5 | | |
| MAGERAT JASON | SENIOR | -83 | | 181,5 | | |
| WARNON NICOLAS | JUNIOR | -83 | | | | 640 |
| MAGRO MARIO | JUNIOR | -74 | 230 | | | |
| MAGRO MARIO | SENIOR | -74 | 230 | | | |
| DEBLAERE RYAN | JUNIOR | -59 | 162,5 | | | 457,5 |
| DEBLAERE RYAN | SENIOR | -59 | 162,5 | | | 457,5 |
| MARECHAL GUILLAUME | JUNIOR | -105 | 280 | 180 | 315 | 775 |
| MARECHAL GUILLAUME | SENIOR | -105 | | | 315 | |
| WADEH ISAM | JUNIOR | -120 | | | 290 | |

| RECORDS V G P F POWERLIFTING CLASSIC | | CAT | SQ | BP | DL | TOTAL |
|--------------------------------------|-----------|------|-------|-------|-------|-------|
| VAN DE VELDE ANNELIES | DA JUNIOR | -52 | | 65 | 122,5 | |
| GOOSSENS KAYA | DA JUNIOR | -69 | 170,5 | 93 | 180 | 443,5 |
| GOOSSENS KAYA | DA SENIOR | -69 | 170,5 | 93 | | 443,5 |
| GOORMAN ELLEN | DA JUNIOR | -76 | | 93,5 | | |
| CEUPPENS NIELS | JUNIOR | -105 | | 200,5 | | |
| IMAD AMICH | JUNIOR | -105 | | | 314 | 791,5 |
| IMAD AMICH | SENIOR | -105 | | | 314 | |

POWERLIFTING

| | | | | | |
|-----------------|--------|-------|-------|-------|-----------|
| VYNCKE MILAN | JUNIOR | -74 | | 161,5 | |
| DECKMYN BRAM | JUNIOR | -59 | 157,5 | 100 | 437,5 |
| DECKMYN BRAM | SENIOR | -59 | | 100 | |
| VERSTREPEN TUUR | JUNIOR | -83 | 257,5 | | 290 715 |
| VROONEN GEERT | JUNIOR | -120 | | 198 | |
| BLOCKMANS NICK | JUNIOR | -66 | | | 230 557,5 |
| TEN KRISTIAAN | JUNIOR | 120 + | 330 | | 825 |
| HENDRIKS GIEL | JUNIOR | 120 + | | | 318 |

| RECORDS DE Belgique BENCH PRESS SINGLE CLASSIC | CAT | BP | |
|--|-----------|------|-------|
| GOOSSENS KAYA | DA JUNIOR | -69 | 93 |
| GOOSSENS KAYA | DA SENIOR | -69 | 93 |
| HAULOT CLARA | DA JUNIOR | -63 | 85,5 |
| GOORMAN ELLEN | DA JUNIOR | -76 | 93,5 |
| MERANDINO FIORELLA | DA JUNIOR | -52 | 70 |
| VYNCKE MILAN | JUNIOR | -74 | 161,5 |
| MAGERAT JASON | JUNIOR | -83 | 181,5 |
| MAGERAT JASON | SENIOR | -83 | 181,5 |
| CEUPPENS NIELS | JUNIOR | -105 | 200,5 |

| RECORDS L F P H BENCH PRESS SINGLE CLASSIC | CAT | BP | |
|--|-----------|------|-------|
| MERANDINO FIORELLA | DA JUNIOR | -52 | 70 |
| MERANDINO FIORELLA | DA SENIOR | -52 | 70 |
| HAULOT CLARA | DA JUNIOR | -63 | 85,5 |
| HAULOT CLARA | DA SENIOR | -63 | 85,5 |
| LEGRAIN NOAH | JUNIOR | -66 | 137,5 |
| MAGERAT JASON | JUNIOR | -83 | 181,5 |
| MAGERAT JASON | SENIOR | -83 | 181,5 |
| MARECHAL GUILLAUME | JUNIOR | -105 | 180 |

| RECORDS V G P F BENCH PRESS SINGLE CLASSIC | CAT | BP | |
|--|-----------|------|-------|
| GOOSSENS KAYA | DA JUNIOR | -69 | 93 |
| GOOSSENS KAYA | DA SENIOR | -69 | 93 |
| GOORMAN ELLEN | DA JUNIOR | -76 | 93,5 |
| VAN DE VELDE ANNELIES | DA JUNIOR | -52 | 65 |
| VYNCKE MILAN | JUNIOR | -74 | 161,5 |
| CEUPPENS NIELS | JUNIOR | -105 | 200,5 |

CLASSEMENT A L INDICE IPF

| | | | PTS |
|-----------------------|---|-----------------|----------------------|
| MEILLEURE DAME JUNIOR | 1 | HAULOT CLARA | N S A R 94,670 |
| | 2 | GOOSSENS KAYA | UPLIFT & HYPE 92,260 |
| | 3 | VAN MEEL YENTE | UPLIFT & HYPE 87,790 |
| MEILLEUR HOMME JUNIOR | 1 | VERSTREPEN TUUR | PRIMER ACAD 99,960 |
| | 2 | HAMICH IMAD | UPLIFT & HYPE 98,200 |
| | 3 | CEUPPENS NIELS | MERCHTEM 96,620 |

CHAMPIONNATS de Belgique - BK

POWERLIFTING CLASSIC SUB JUNIOR / MASTER

WILSELE / LEUVEN

30 ET 31-03-2024

| DAMES | | SUB JUNIOR | | PC | SQ | BP | DL | TOTAL | PTS |
|--------|----------------------------|---------------|---------------|--------|-------|-------|-------|-------|---------|
| -52 | LOUCHART MARIE | N S A R | | 50,80 | 100 | 55 | 110 | 265 | 68,290 |
| -57 | DERO MAEVA | LA LOUVIERE | | 56,50 | 135 | 72,5 | 165 | 372,5 | 87,960 |
| -63 | BALLET DORIEN | BRUU TH | | 61,70 | 125 | 60 | 130 | 315 | 69,860 |
| | HABRYKA SIHAME | ATP PREFORM | | 58,70 | 112,5 | 55 | 142,5 | 310 | 71,160 |
| -69 | DEPOORTER ZITA | STRNGTH PWR | | 66,40 | 140 | 60 | 160 | 360 | 76,250 |
| | CHARPENTIER LOLA | SERAING | | 67,50 | 130 | 75 | 145 | 350 | 73,420 |
| | VAN LENT ZOHRA | UPLIFT & HYPE | | 66,20 | 148 | 50 | 137,5 | 335,5 | 71,180 |
| | IZEWIJN RANI | BAR END GAME | | 68,50 | 112,5 | 60 | 130 | 302,5 | 62,930 |
| | BESSANG EKOM JESSICA | O P L | | 65,30 | 110 | */ | 137,5 | DSQ | |
| -76 | CLAES LUNA | BRUU TH | | 72,50 | 130 | 72,5 | 147,5 | 350 | 70,620 |
| | GIORDANO EMMA | SERAING | | 74,20 | 127,5 | 75 | 130 | 332,5 | 66,310 |
| DAMES | | MASTER 40 | | PC | SQ | BP | DL | TOTAL | PTS |
| -57 | RUMMENS ELISE | PRIMER ACAD | | 56,10 | 138 | 70 | 185 | 393 | 93,300 |
| -63 | LALIME SAHYURI (USA) | OPEN | KALE&BARBELL | 63,00 | 172,5 | 90 | 197,5 | 460 | 100,640 |
| | ARTOOS EVELIEN | | WEIGHTROOM | 62,30 | 140 | 67,5 | 155 | 362,5 | 79,890 |
| -76 | NUYTS ANNE MIEKE | CR F LOKEREN | | 72,30 | 125 | 72,5 | 172,5 | 370 | 74,760 |
| | ADRIAENSENS KATRIEN | WEIGHTROOM | | 73,80 | 132,5 | 62,5 | 165 | 360 | 71,990 |
| -84 | DEFRAEY CATHERINE | FLORENNES | | 80,70 | 120 | 67,5 | 135 | 322,5 | 61,900 |
| 84 + | ROOS EVELYNE | GARAGE GYM 16 | | 101,20 | 150 | 72,5 | 173 | 395,5 | 70,310 |
| DAMES | | MASTER 50 | | PC | SQ | BP | DL | TOTAL | PTS |
| -63 | ELLIS KIMBERLY | PRIMER ACAD | | 58,30 | 115 | 68 | 137,5 | 320,5 | 73,940 |
| -69 | MICHIELS WENDY | GAR GYM 16 | | 68,50 | 107,5 | 72,5 | 140 | 320 | 66,570 |
| HOMMES | | SUB JUNIOR | | PC | SQ | BP | DL | TOTAL | PTS |
| -59 | KARKACH SAJIA YASSIN (ESP) | OPEN | UPLIFT & HYPE | 58,10 | 142,5 | 82,5 | 182,5 | 407,5 | 67,990 |
| | CHRISTIAN THEO | | SPARTAN SPOR | 58,30 | 125 | 85 | 190 | 400 | 66,610 |
| | ASCOLI MATIZZIO | | N S A R | 57,30 | 132,5 | 80 | 162,5 | 375 | 63,030 |
| -66 | LOBET ALEXI | SMART & STRO | | 65,50 | 180 | 90 | 222,5 | 492,5 | 77,080 |
| | DEWEZ ATIENZA LUCA | ATP PERFORM | | 65,50 | 162,5 | 95 | 195 | 452,5 | 70,820 |
| | NOLLE LEO | GYMLIFE | | 65,20 | 155 | 92,5 | 195 | 442,5 | 69,430 |
| | FERON NATHAN | A P E X | | 65,30 | 150 | 90 | 200 | 440 | 68,980 |
| | MAERSCHALCKE LOIC | O P L | | 62,50 | 145 | 90 | 180 | 415 | 66,590 |
| | BROHE LUC | LA LOUVIERE | | 63,20 | */ | */ | */ | DSQ | |
| -74 | VAN VYNCKT MATTEO | BEARS CAVE | | 73,60 | 215 | 130 | 230 | 575 | 84,650 |
| | MEYSSSEN ETHAN | BEARS CAVE | | 72,80 | 192,5 | 112,5 | 210 | 515 | 76,250 |
| | DOMINA ALESSIO | N S A R | | 73,60 | 177,5 | 112,5 | 220 | 510 | 75,080 |
| | MORET TRISTAN | SERAING | | 68,20 | 172,5 | 107,5 | 217,5 | 497,5 | 76,220 |
| | DESOETE SYBREN | PRIMER ACAD | | 73,40 | 167,5 | 102,5 | 192,5 | 462,5 | 68,190 |

| | | | | | | | |
|-------------------------------------|---------------|--------|-------|-------|-------|-------|--------|
| LECOLIER ANTOINE | N S A R | 72,50 | 165 | 85 | 205 | 455 | 67,510 |
| MELCKMANS MAXIME | A P E X | 70,90 | 160 | 80 | 202,5 | 442,5 | 66,430 |
| KINDT REMI | STRNGTH PWR | 71,20 | 147,5 | 107,5 | 175 | 430 | 64,410 |
| MAHJOUBI NOA | FLORENNES | 71,00 | 152,5 | 100 | 167,5 | 420 | 63,000 |
| -83 HUBRECHTS TIM | PROGRES STREN | 82,30 | 212,5 | 125 | 232,5 | 570 | 79,240 |
| BOUCQUEZ THOMAS | UPLIFT & HYPE | 76,40 | 207,5 | 100 | 245 | 552,5 | 79,780 |
| BOUZELMAT SOUFIANE | UPLIFT & HYPE | 79,60 | 187,5 | 132,5 | 225 | 545 | 77,060 |
| ROUET MATHIS | A P E X | 80,20 | 200 | 105 | 212,5 | 517,5 | 72,890 |
| CURCI ALESSIO | FLORENNES | 81,40 | 170 | 115 | 220 | 505 | 70,600 |
| WILLEMS LASSE | STRNGTH PWR | 81,10 | 172,5 | 120 | 210 | 502,5 | 70,380 |
| BEAUCHOT LEO | N S A R | 76,80 | 195 | 132,5 | */ | DSQ | |
| -93 BASTIEN GEORGES | A P E X | 90,70 | 242,5 | 160 | 260 | 662,5 | 87,740 |
| CAUSHI GABRIEL | ATLAS GYM | 91,50 | 215 | 162,5 | 267,5 | 645 | 85,050 |
| BRONCKART NATHAN | SERAING | 91,00 | 217,5 | 125 | 285 | 627,5 | 82,970 |
| LIBION ERWIN | SERAING | 91,30 | 217,5 | 125 | 230 | 572,5 | 75,570 |
| PARIDAENS JOE | ZENITH | 90,10 | 210 | 112,5 | 210 | 532,5 | 70,750 |
| CHILLE TIMEO | N S A R | 92,10 | 175 | 120 | 225 | 520 | 68,350 |
| PEETERS NATHAN | ZENITH | 91,30 | 185 | 112,5 | 212,5 | 510 | 67,320 |
| -105 DE DEKEN DAAN CLOTHAIRE | UPLIFT & HYPE | 103,70 | 245 | 115 | 252,5 | 612,5 | 76,060 |
| -120 CROUX BAPTISTE | SERAING | 117,80 | 225,5 | 140 | 245 | 610,5 | 71,550 |

HOMMES MASTER 40 / 49

| | | PC | SQ | BP | DL | TOTAL | PTS |
|--------------------------------|-------------------|--------|-------|-------|-------|-------|--------|
| -83 VANDEWIELE JIMMY | S S C I | 82,20 | 220 | 157,5 | 225 | 602,5 | 83,810 |
| -93 DEEURWAERDER KENNY | GYMLIFE | 88,40 | 197,5 | 130 | 240 | 567,5 | 76,120 |
| VAN PARYS KEVIN | BAR END GAME | 92,10 | 205 | 125 | 232,5 | 562,5 | 73,940 |
| FRERES YVES | F B S C | 90,50 | 180 | 120 | 200 | 500 | 66,290 |
| -105 ARCHEACHE RACHID | UPLIFT & HYPE | 103,90 | 255 | 142,5 | 275 | 672,5 | 83,440 |
| HOGG RICHARD | NICOL STREN CONDI | 102,50 | 165 | 115 | 210 | 490 | 61,180 |
| -120 VANDEN HEEDE BJORN | LIFT & RISE | 111,30 | 202,5 | 132,5 | 222,5 | 557,5 | 67,010 |
| 120 + TERRY N MAARTEN | S S C I | 125,30 | 245 | 167,5 | 250 | 662,5 | 75,590 |

HOMMES MASTER 50 / 59

| | | PC | SQ | BP | DL | TOTAL | PTS |
|-----------------------------|-------------------------|--------------|------------|------------|------------|------------|---------------|
| -66 VERBRUGGEN DIRK | MERCHTEM | 65,10 | 175 | 82,5 | 190 | 447,5 | 70,270 |
| -83 TIRTH RAM (IND) | OPEN ZACHT BETON | 81,30 | 175 | 140 | 215 | 530 | 74,140 |
| -105 VANDEWIELE MARC | KRACHT KLINI | 104,00 | 267,5 | 152,5 | 307,5 | 727,5 | 90,220 |
| HELEWAUT REINT | CR FIT SUPER 7 | 95,80 | 127,5 | 90 | 185 | 402,5 | 51,900 |

HOMMES MASTER 60 / 69

| | | PC | SQ | BP | DL | TOTAL | PTS |
|----------------------------|-------------|--------|-------|-------|-------|-------|--------|
| -74 BERTRAND MICHEL | SERAING | 73,20 | 168,5 | 87,5 | 177,5 | 433,5 | 64,000 |
| -93 KURAOGLU RIDVAN | ENGHIEN | 90,90 | 182,5 | 129 | 180 | 491,5 | 65,020 |
| -105 PIRET SERGE | LA LOUVIERE | 101,90 | 152,5 | 107,5 | 190 | 450 | 56,340 |

ARBITRES

FINEL MICHELLE -- VAN DELM TOM -- VANDEPUTTE LIESELOT
 BOLLE JULIE -- SARITKRIANG N -- ROGER REMY -- IMPENS GAETAN
 LAETHEM ROB -- HAID JEAN PHILIPPE -- DELVAUX ALEXANDRE -- DANLOY SANDRA
 DELFOSSE GREGOIRE -- STRADIOT MEHDI -- VERHULST STEFANIE
 COMPAGNIE KATHLEEN -- LALIME SAHYURI -- ROOS EVELIEN -- MATHELARD RENAUD
 VANHEE EMERIK -- VERTESSSEN WOUTER -- LEEMANS JEROEN

| RECORDS de Belgique POWERLIFTING CLASSIC | | CAT | SQ | BP | DL | TOTAL |
|--|--------------|------|-------|------|-------|-------|
| VAN LENT ZOHRA | DA SUB JUN | -69 | 148 | | | |
| CHARPENTIER LOLA | DA SUB JUN | -69 | | 75 | | |
| DEPOORTER ZITA | DA SUB JUN | -69 | | | 160 | 360 |
| RUMMENS ELISE | DA MASTER 40 | -57 | 138 | | | |
| ADRIAENSENS KATRIEN | DA MASTER 40 | -76 | 132,5 | | | |
| DERO MAEVA | DA SUB JUN | -57 | 135 | | | |
| NUYTS ANNE MIEKE | DA MASTER 40 | -76 | | | 172,5 | 370 |
| CLAES LUNA | DA SUB JUN | -76 | | | 147,5 | 350 |
| ELLIS KIMBERLY | DA MASTER 50 | -63 | 115 | 68 | 137,5 | 320,5 |
| MICHIELS WENDY | DA MASTER 50 | -69 | 107,5 | 72,5 | 140 | 320 |
| ROOS EVELYNE | DA MASTER 40 | 84 + | | | 173 | |
| ASCOLI MATIZZIO | SUB JUNIOR | -59 | 132,5 | | | |
| CHRISTIAN THEO | SUB JUNIOR | -59 | | | 190 | |
| VAN VYNCKT MATTEO | SUB JUNIOR | -74 | 215 | | | |
| BOUCQUEZ THOMAS | SUB JUNIOR | -83 | | | 245 | |
| CROUX BAPTISTE | SUB JUNIOR | -120 | 225,5 | 140 | | 610,5 |
| VAN DE WIEL JIMMY | MASTER 40 | -83 | 220 | | | |
| VERBRUGGEN DIRK | MASTER 50 | -66 | 175 | | | |
| VERBRUGGEN DIRK | MASTER 40 | -66 | 175 | | | |
| VANDEWIELE MARC | MASTER 50 | -105 | | | 307,5 | |
| BERTRAND MICHEL | MASTER 60 | -74 | 168,5 | | | |
| KURAOGLU RIDVAN | MASTER 60 | -93 | 182,5 | 129 | | |

| RECORDS L F P H POWERLIFTING CLASSIC | | CAT | SQ | BP | DL | TOTAL |
|--------------------------------------|--------------|------|-------|------|-----|-------|
| CHARPENTIER LOLA | DA SUB JUN | -69 | 130 | 75 | 145 | 350 |
| GIORDANO EMMA | DA SUB JUN | -76 | 127,5 | 75 | | 332,5 |
| DEFRAEY CATHERINE | DA MASTER 40 | -84 | | 67,5 | 135 | 322,5 |
| DERO MAEVA | DA SUB JUN | -57 | 135 | | | |
| DERO MAEVA | DA JUNIOR | -57 | 135 | | | |
| ASCOLI MATIZZIO | SUB JUNIOR | -59 | 132,5 | | | |
| VAN VYNCKT MATTEO | SUB JUNIOR | -74 | 215 | | | |
| CROUX BAPTISTE | SUB JUNIOR | -120 | 225,5 | 140 | | 610,5 |
| GEORGES BASTIEN | SUB JUNIOR | -93 | 242,5 | 160 | | |
| BERTRAND MICHEL | MASTER 60 | -74 | 168,5 | | | |
| BERTRAND MICHEL | MASTER 50 | -74 | 168,5 | | | |
| BERTRAND MICHEL | MASTER 40 | -74 | 168,5 | | | |
| KURAOGLU RIDVAN | MASTER 60 | -93 | 182,5 | 129 | | |

| RECORDS V G P F POWERLIFTING CLASSIC | CAT | SQ | BP | DL | TOTAL |
|--------------------------------------|--------------|------|------------|--------|-------|
| BALLET DORIEN | DA SUB JUN | -63 | | | 315 |
| VAN LENT ZOHRA | DA SUB JUN | -69 | 148 | | |
| DEPOORTER ZITA | DA SUB JUN | -69 | | 60 160 | 360 |
| RUMMENS ELISE | DA MASTER 40 | -57 | 138 | | |
| CLAES LUNA | DA SUB JUN | -76 | | 147,5 | 350 |
| ADRIAENSENS KATRIEN | DA MASTER 40 | -76 | 132,5 | | |
| NUYTS ANNE MIEKE | DA MASTER 40 | -76 | | 172,5 | 370 |
| ELLIS KIMBERLY | DA MASTER 50 | -63 | 115 68 | 137,5 | 320,5 |
| MICHIELS WENDY | DA MASTER 50 | -69 | 107,5 72,5 | 140 | 320 |
| ROOS EVELYNE | DA MASTER 40 | 84 + | | 173 | |
| CHRISTIAN THEO | SUB JUNIOR | -59 | | 190 | |
| CHRISTIAN THEO | JUNIOR | -59 | | 190 | |
| BOUCQUEZ THOMAS | SUB JUNIOR | -83 | | 245 | |
| VAN DE WIEL JIMMY | MASTER 40 | -83 | 220 | | |
| VERBRUGGEN DIRK | MASTER 50 | -66 | 175 | | |
| VERBRUGGEN DIRK | MASTER 40 | -66 | 175 | | |
| VANDEWIELE MARC | MASTER 50 | -105 | | 307,5 | |

| RECORDS de Belgique BENCH PRESS SINGLE CLASSIC | CAT | BP |
|--|--------------|----------|
| CHARPENTIER LOLA | DA SUB JUN | -69 75 |
| ELLIS KIMBERLY | DA MASTER 50 | -63 68 |
| MICHIELS WENDY | DA MASTER 50 | -69 72,5 |
| CROUX BAPTISTE | SUB JUNIOR | -120 140 |
| KURAOGLU RIDVAN | MASTER 60 | -93 129 |

| RECORDS L F P H BENCH PRESS SINGLE CLASSIC | CAT | BP |
|--|--------------|----------|
| CHARPENTIER LOLA | DA SUB JUN | -69 75 |
| GIORDANO EMMA | DA SUB JUN | -76 75 |
| DEFRAEY CATHERINE | DA MASTER 40 | -84 67,5 |
| CROUX BAPTISTE | SUB JUNIOR | -120 140 |
| KURAOGLU RIDVAN | MASTER 60 | -93 129 |
| GEORGES BASTIEN | SUB JUNIOR | -93 160 |

| RECORDS V G P F BENCH PRESS SINGLE CLASSIC | CAT | BP |
|--|--------------|----------|
| ELLIS KIMBERLY | DA MASTER 50 | -63 68 |
| MICHIELS WENDY | DA MASTER 50 | -69 72,5 |

CLASSEMENT A L'INDICE IPF GL PTS

| | | | | | |
|---------------------------|---|-------------------|------------------|-----|---------|
| MEILLEURE DAME SUB JUNIOR | 1 | DERO MAEVA | LA LOUVIERE | PTS | 87,960 |
| | 2 | DEPOORTER ZITA | STRENGTH & POWER | | 76,250 |
| | 3 | CHARPENTIER LOLA | SERAING | | 73,420 |
| MEILLEUR HOMME SUB JUNIOR | 1 | BASTIEN GEORGES | APEX | PTS | 87,740 |
| | 2 | CAUSHI GABRIEL | ATLAS GYM | | 85,050 |
| | 3 | VAN VYNCKT MATTEO | BEARS CAVE | | 84,650 |
| MEILLEURE MASTER DAME | 1 | LALIME SAHYURI | KATE & BARBELL | PTS | 100,640 |
| | 2 | RUMMENS ELISE | PRIMER ACAD | | 93,300 |
| | 3 | ARTOOS EVELIEN | WEIGHTROOM | | 79,890 |
| MEILLEUR MASTER HOMME | 1 | VANDEWIELE MARC | KRACHT KLINIEK | PTS | 90,220 |
| | 2 | VAN DE WIEL JIMMY | S S C I | | 83,810 |
| | 3 | ARCHECHE RACHID | UPLIFT & HYPE | | 83,440 |