

**RESULTATS ATHLETES BELGES**  
**WESTERN EUROPEAN CHAMPIONSHIPS " W E C "**  
**HAMM Luxembourg 3-4-5 / 9 / 2021**

**COMPETITION CLASSIC**

BELLES PERFORMANCES DE NOS ATHLETES MOOIE PRESTATIES van onze atleten

**1--BELGIUM 380,20 IPF GL POINTS**  
**2--NETHERLANDS 367,13 IPF GL POINTS**  
**3--Luxembourg 233,20 IPF GL POINTS**

HOMMES	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
ESSELENS ROB SENIOR	-93	92,09	255	190	282,5	727,5	95,67

3EME PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
VANDERLINDEN PIETER JUNIOR	-93	89,64	230	135	260	625	83,25

5EME PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
VAN HEESVELDE JEROEN SENIOR	-105	104,72	275	212,5	307,5	795	98,26

1ERE PLACE AU TOTAL + RECORD WEC AU AU BENCH PRESS  
 2 IEME PLACE A L' INDICE IPF GL POINTS

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
STRUBBE JOCHEN JUNIOR	-105	103,84	252,5	177,5	300	730	90,59

3EME PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
HENNO YANNICK SENIOR	-120	106,02	265	185	275	725	89,1

1ERE PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
BILICAN ORHAN MASTER 40	120 +	131,35	365	200	290	855	95,67

2EME PLACE AU TOTAL + RECORD DU MONDE SQUAT MASTER 40  
 RECORD D' EUROPE MASTER 40 AU TOTAL

**1--NETHERLANDS 349,24 IPF GL POINTS**  
**2--BELGIUM 326,99 IPF GL POINTS**  
**3--France 190,42 IPF GL POINTS**

DAMES	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
VERHULST STEFANIE SENIOR	-52	51,09	95	67,5	117,5	280	71,79

2EME PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
TROCH JELLA SENIOR	-57	55,13	115	72,5	132,5	320	77,02

2EME PLACE AU TOTAL

RESULTS WEC 2021

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
MOINIE NOEMIE SENIOR	-63	62,88	135	72,5	150	357,5	78,33

2EME PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
DEFRAEY CATHERINE SENIOR	-69	66,40	120	60	132,5	312,5	66,19

3EME PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
ROOS EVELYNE MASTER 40	-84	78,91	125	65	147,5	337,5	65,41

2EME PLACE AU TOTAL

	CAT	PC	SQUAT	BENCH	DL	TOTAL	PTS
MULUH SONITA KYEN SENIOR	84 +	88,98	200	100	240	540	99,85

1EME PLACE AU TOTAL ET MEILLEURE A L'INDICE IPF GL POINTS  
RECORD D' EUROPE SENIOR EN DEADLIFT

**RECORDS POWERLIFTING CLASSIC**

RECORDS DE Belgique POWERLIFTING			SQUAT	BENCH	DL	TOTAL
ROOS EVELYNE	-84	DA M 40	125		147,5	337,5
MULUH SONITA KYEN	84 +	DA SEN	200	100		
ESSELENS ROB	-93	SEN		190		
VAN HEESVELDE JEROEN	-105	SEN		212,5	307,5	795

RECORD POWERLIFTING L F P H			SQUAT	BENCH	DL	TOTAL
MOINIE NOEMIE	-63	DA SEN	135	72,5		357,5

RECORD POWERLIFTING V G P F			SQUAT	BENCH	DL	TOTAL
ROOS EVELYNE	-84	DA M 40	125		147,5	337,5
MULUH SONITA KYEN	84 +	DA SEN	200	100		
ESSELENS ROB	-93	SEN		190		
VAN HEESVELDE JEROEN	-105	SEN		212,5	307,5	795

RECORDS DE Belgique BENCH SINGLE				BENCH
MULUH SONITA KYEN	84 +	DA SEN		100
ESSELENS ROB	-93	SEN		190
VAN HEESVELDE JEROEN	-105	SEN		212,5

RECORD BENCH PRESS SINGLE L F P H				BENCH
MOINIE NOEMIE	-63	DA SEN		72,5

RECORD BENCH PRESS SINGLE V G P F				BENCH
MULUH SONITA KYEN	84 +	DA SEN		100
ESSELENS ROB	-93	SEN		190
VAN HEESVELDE JEROEN	-105	SEN		212,5

[RESULTATS COMPLETS CLASSIC - VOLLEDIGE UITSLAGEN CLASSIC](#)

[https://www.europowerlifting.org/fileadmin/data/results/2021/western-european/detailed\\_scoresheet\\_m\\_CLASSIC.pdf](https://www.europowerlifting.org/fileadmin/data/results/2021/western-european/detailed_scoresheet_m_CLASSIC.pdf)  
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